



KEY HIGHLIGHTS

The Debate Around Learning Styles

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The Debate Around Learning Styles | Basics of Educational Psychology | psychological-literacy

01

Learning preferences are different from evidence that matched instruction improves learning.

02

The VARK meshing hypothesis makes a specific testable prediction.

03

A valid test looks for a crossover between learner category and teaching mode.

04

Controlled evidence leaves the benefit of matching instruction to VARK labels unsupported.

05

The nature of the content should guide the choice of medium.

06

Multiple representations support access while keeping students free of fixed categories.