



KEY HIGHLIGHTS

Psychological Literacy: A GuruSetu Teaser

Resource person: GuruSetu editorial team (narrator not identified) | Narrator; individual attribution is unavailable in the video metadata and caption track.

Psychological Literacy: A GuruSetu Teaser | Basics of Educational Psychology | psychological-literacy

01

This short teaser introduces psychological literacy. Instructional and clinical guidance require fuller sources.

02

The child's tantrum shows how quickly adults may yell, bribe or freeze.

03

Calling a late student 'lazy' ends inquiry before the teacher knows the context.

04

Procrastination, perfectionism and anxiety are possible hypotheses. Diagnosis requires qualified assessment.

05

Pause a quick moral judgement and consider more than one explanation.

06

Ask for context respectfully and leave mental-state assessment to qualified processes.

07

Use established support and referral routes when distress may be present.