



VIDEO SUMMARY

Monsoon Semester 07: Walking Them to the Door

Resource person: GuruSetu | An animated series for teachers in Indian higher education
Monsoon Semester 07: Walking Them to the Door | Monsoon Semester | psychological-literacy

Arjun and Kabir call Farah together, then walk over under one umbrella. The episode shows what a warm handover looks like, what confidentiality in the counsellor's room means, and why every campus needs a written referral protocol. A week later Arjun sends two lines, with nothing about coursework.

With the student's involvement, help make the contact or accompany them to support rather than simply giving directions. Involving the student respects agency and makes the next step clearer, while urgent safety needs still require an appropriate response. It should identify ordinary and urgent routes, responsible contacts, consent, information sharing and follow-up.

A brief, respectful check-in shows continuity without asking for private details of a counselling session. Know how to contact the counselling service, medical unit and campus emergency response, including after-hours arrangements.

In practice: Save the counselling centre's number and the campus emergency number in your phone. Find out how to book a first appointment for a student, with their consent.