



VIDEO SUMMARY

Monsoon Semester 06: The Brave Question

Resource person: GuruSetu | An animated series for teachers in Indian higher education
Monsoon Semester 06: The Brave Question | Monsoon Semester | psychological-literacy

Arjun talks to Kabir twice. In the first take he lectures, reassures and fixes. In the second, after Farah's coaching, he protects the time, asks open questions and listens. He asks directly and calmly, stays honest about confidentiality, and walks Kabir to the Wellness Centre.

Arjun moves from lecturing and fixing to protecting time, asking clearly and listening to what Kabir says. A clear, calm question opens space for an honest response and helps connect someone with appropriate immediate support. Explain that information is treated carefully, while serious safety concerns may require involving people who can help.

The student needs attentive listening and a workable next step, not assurances that exceed the teacher's knowledge or role. Stay engaged and connect the student promptly with qualified support or emergency services appropriate to the situation.

In practice: Practise the direct question out loud with a colleague until you can ask it calmly.