

KEY HIGHLIGHTS

Monsoon Semester 05: The Second Glance

Resource person: GuruSetu | An animated series for teachers in Indian higher education

Monsoon Semester 05: The Second Glance | Monsoon Semester | psychological-literacy

01

A change from the student's usual pattern, such as repeated absence or withdrawal, can prompt a private check-in.

02

The same behaviour can have many explanations, and diagnosis requires appropriate professional assessment.

03

They are not a single simple scale; someone may struggle without a diagnosis or live well while managing an illness.

04

Share relevant concerns discreetly through a suitable route, limiting information to what is needed for support.

05

Attend to ordinary interactions and observed changes; do not monitor private phones, accounts or social media.