



KEY HIGHLIGHTS

Learning by Explaining: The Feynman Technique

Resource person: Sprouts | Animated educational media publisher; the individual narrator is not credited on the video page | Curated from Sprouts

Learning by Explaining: The Feynman Technique | Active Learning Strategies | pedagogy

01

00:00 — The technique is presented as useful for new learning, deeper understanding and exam study.

02

00:10 — The cycle begins with a bounded topic and an initial period of study.

03

00:16 — Writing and speaking as if teaching makes the learner's current explanation explicit.

04

00:36 — A point where the explanation stops becomes a target for further study and another attempt.

05

00:51 — The learner tries again with simpler language or a graphic analogy; wordiness and confusion are treated as warning signs.

06

01:09 — The video makes its strongest claim: simple explanation indicates deep understanding and long retention.

07

01:27 — It links the method to Feynman's habit of asking colleagues for plain-language explanations.