



KEY HIGHLIGHTS

Faculty Role in Support

Resource person: UCR Counseling & Psychological Services | University mental-health clinicians and educators | Curated from UCR CAPS

Faculty Role in Support | Student Mental Health and Well-Being | psychological-literacy

01

Changes in attendance, performance, communication or behaviour can be useful signals.

02

Open with a concrete observation and leave clinical diagnosis to trained services.

03

V.I.C.K.S. stands for Validate, Identify, Care, Knowledge, Support and Self-care.

04

Listening and a warm referral are appropriate faculty actions.

05

Urgent safety concerns need the institution's immediate-risk procedure.

06

Follow-up and staff self-care complete the response.