



KEY HIGHLIGHTS

Emotional Intelligence: A Pedagogical Superpower

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Emotional Intelligence: A Pedagogical Superpower | Emotional Intelligence (EI) for Faculty | psychological-literacy

01

Notice the emotional state you bring into class before it affects an interaction.

02

For self-regulation, name the feeling, pause, and respond deliberately.

03

Reconnect routine work to purpose, and take fatigue or the need for rest seriously.

04

Before judging a student's behaviour, ask what part of the story may be missing.

05

Keep empathy, academic standards, and personal boundaries in place at the same time.

06

Give respectful corrective feedback.

07

In a difficult conversation, summarise the other person's view before stating your own.

08

Emotional intelligence supports accountability through disagreement and high expectations.